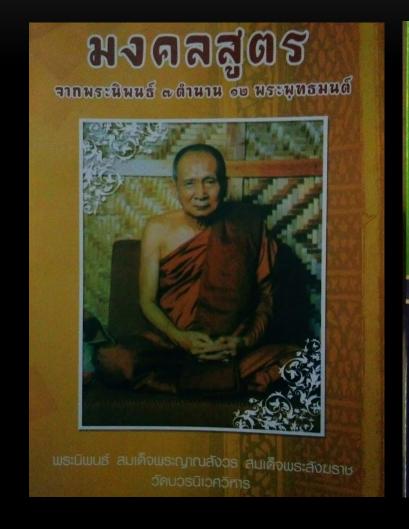
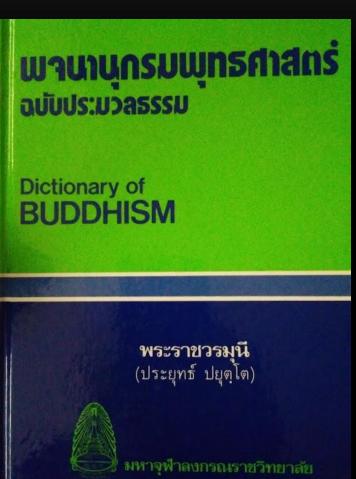
สนุกกับภาษา

มงคลชีวิต ๓





Highest Blessings

ปฏิรูปเทสวาโส จ อยู่ในถิ่นมีสิ่งแวดล้อมดี

ปุพฺเพ จ กตปุญฺญตา ได้ทำความดีให้พร้อมไว้ก่อน

อตุตสมุมาปณิธิ จ ตั้งตนไว้ชอบ

เอตมุมงุคลมุตฺตม์ เป็นมงคลอย่างสูงสุด

Highest Blessings

• To reside in a suitable locality, to have done meritorious actions in the past and to set oneself in the right course — this is the greatest blessing.





- Patiruupadesavaaso: Residence in a suitable and pleasant locality.
 - *Pubbe ca*: Having made merit in the past. Action is performed by one's body or by speech or by mind. These actions are called kamma when will, intention or volition is involved in the performance of action.







- Attasammaapa.nidhi: One's mind properly directed.
- This means one must decide on a proper objective in life and set oneself on the right path leading to it.



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THE PHILOSOPHY OF BALANCED LIVING AND SUSTAINABLE DEVELOPMENT CAN HELP SOCIETIES COPE WITH MODERN CHALLENGES

King's sufficiency economy a blueprint for humankind

THE NATION

THE KING'S philosophy of a sufficiency economy has contributed significantly to the theory of development for the well-being of humankind.

His initiatives in this crucial field have also been proposed to the United Nations for the promotion of sustainable development worldwide.

Prasopchoke Mongsawad, of Thailand's National Institute of Development Administration, wrote that the King's philosophy of sufficiency economy highlights a balanced way of living based on three principles – moderation, reasonableness, and self-immunity along with the conditions of morality and knowledge.

In addition, the Royal initiatives could be used at any level of the society – from an individual to a country.

In the aftermath of 1997 Asian financial crisis, the King reiterated and expanded on the concept



environment or natural resources. They will embrace the environment, conserve it for the future and live in harmony with nature.

Also, a government with a mindset of this philosophy will be able to achieve the optimal role in maximising its people's welfare. Such a government will make policy with prudence and vigilance, resulting in good governance and a culture of honesty.

Over the past three decades, the King graciously reminded Thais, through his royal remarks on many occasions, of a step-bystep and balanced approach to development, according to sufficiencyeconomy.org.

The following is an excerpt from a speech he gave in 1974:

"Economic development must be done step by step. It should begin with the strengthening of our economic foundation, by assuring that the majority of our population has enough to live on

Once reasonable progress

King's sufficiency economy a blueprint for humankind

- sufficiency (n.) sufficient (adj.) = enough
- blueprint (n.) a plan for achieving something
- humankind (n.) all people, considered as a group
- mankind

King's sufficiency economy a blueprint for humankind

- Mental Social
 - Natural resources
- Technology Economic
 - King of Sustainability

- Setting oneself in the right course; right direction in self-guidance; perfect self-adjustment
 - Directing oneself in the right way
- Craving (tanha) is the desire for selfish gain, the desire for personal advantage and satisfaction (desire for consumption).

- Will (chanda), aspiration, intention, resolve, wish, reasoned attention, systematic attention, analytical reflection
 - Hearing or learning from the Wise
 - ใฝ่ศึกษา ใฝ่สร้างสรรค์

- Playing sports and music can boost a child's self-esteem.
 - She has plenty of self-confidence.
 - self-control self-discipline
 - self-respect

- The six conditions for fraternal living
- 1. Actions based on goodwill: such actions help to create a feeling of togetherness.
- 2. Speech based on goodwill: this is important in meetings and discussions.

- The six conditions for fraternal living
- 3. Thoughts based on goodwill: when goodwill is incorporated into our reasoning it helps to counteract the negative forces of greed, hatred and delusion.

All people are seen as equal, all are friends in birth, aging, sickness and death.

- The six conditions for fraternal living
- 4. Sharing of rightfully acquired gains: giving to others is seen as a cause of happiness.
- **5. Uniform moral conduct:** a harmonious society must consist of people with a certain level of moral, who respect the laws and regulations of the country and are honest toward each other. (based on the five precepts)

The six conditions for fraternal living

6. Uniform views: harmonious views, ideals and principles of belief are also important factors for ensuring harmonious society.

- Wholesome course of action
- A. Bodily action
- B. Verbal action
- C. Mental action

- Wholesome course of action
- Abstention from killing; taking what is not given; sexual misconduct; false speech; malicious; harsh speech; gossip
- Non-covetousness; Non-illwill; Right view

https://www.channelnewsasia.com/news/international



Asia Pacific

From poacher to protector: Local communities embrace conservation of crucial marine treasure

3 hours ago



- poacher (n.) someone who catches and kills animal illegally
- protector (n.) Tree / Animal Protectors
- conservation (n.)
- crucial (adj.) very important
- treasure = very valuable things

Asia Pacific

From poacher to protector: Local communities embrace conservation of crucial marine treasure

"May all readers be blessed with pure perseverance, sharp wisdom and complete physical health."

From the preface

"ขอจงมีความเพียรที่บริสุทธิ์ ปัญญาที่เฉียบแหลม กำลังกายที่สมบูรณ์."

จาก พระราชปรารภ

Words in the News: Plant energy

- Could your garden power your mobile phone?
- Scientists at Cambridge University are investigating how plants can give us sustainable energy.
- power (v.) provide energy to make something work
- investigating = researching

Words in the News: Plant energy

- Could your garden power your mobile phone?
- Scientists at Cambridge University are investigating how plants can give us sustainable energy.
- **sustainable** energy = energy created from sources that will not run out, such as wind and the sun
- http://www.bbc.co.uk/learningenglish/english/features/witn/ep-150729

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กฤษณาสอนน้องคำฉันท์ สมเด็จพระมหาสมณเจ้า กรมพระปรมานุชิตชิโนรส

• พฤษภกาสร

อีกกุญชรอันปลดปลง

โททนต์เสน่งคง

สำคัญหมายในกายมี

นรชาติวางวาย

มลายสิ้นทั้งอินทรีย์

สถิตทั่วแต่ชั่วดี

ประดับไว้ในโลกา

- พฤษภ วัว กาสร ควาย กุญชร ช้าง โท สอง
- ทนต์ ฟัน เสน่ง เขาสัตว์ นรชาติ มนุษย์ อินทรีย์ ร่างกาย

แนะนำติชมรายการได้ที่

- ผู้ช่วยศาสตราจารย์ภาวิณี อุ่นวัฒนา
- คณะศิลปศาสตร์ มหาวิทยาลัยเทคโนโลยีราชมงคลพระนคร
- เลขที่ ๘๖ ถนนพิษณุโลก แขวงสวนจิตรลดา เขตดุสิต กรุงเทพฯ ๑๐๓๐๐
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