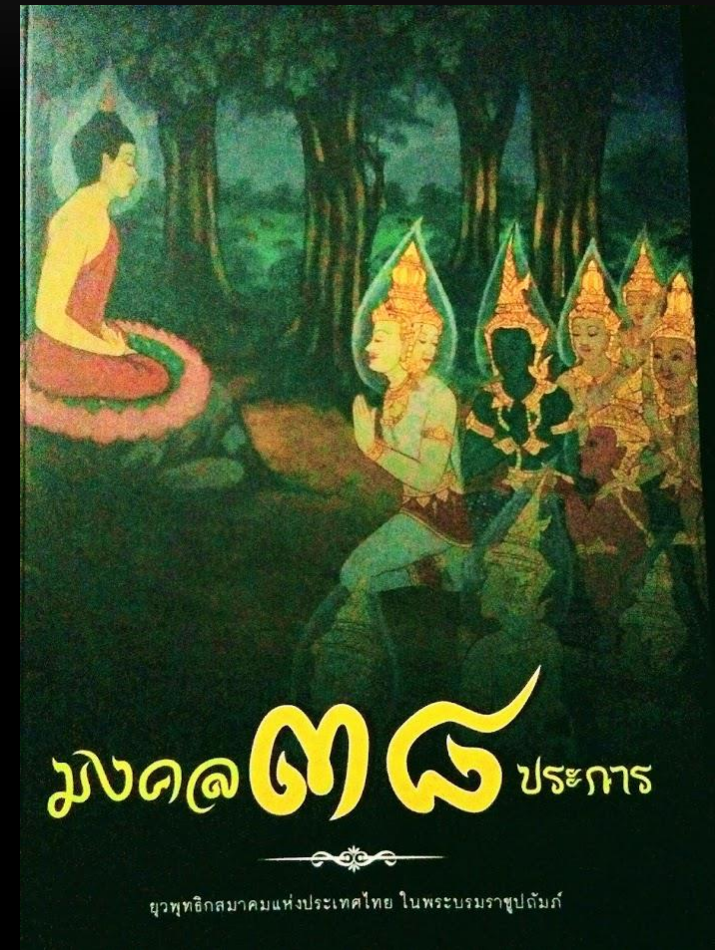
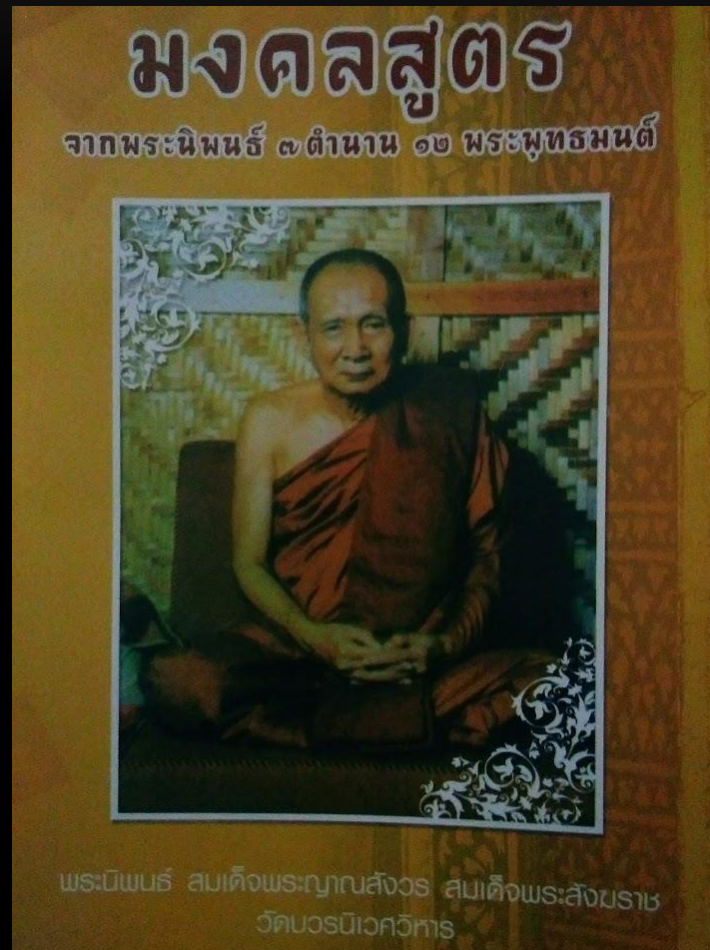


สนุกกับภาษา

มงคลชีวิต ๗

มงคลชีวิต ๗

Highest Blessings



มงคลชีวิต



- มงคลชีวิต (คาถาที่ ๑)

อเสวนา จ พาลานํ ไม่คบคนพาล

ปณฺฑิตานญจ เสวนา คบบัณฑิต

ปุชา จ ปุชนียานํ บุชาคนที่ควรบูชา

เอตมมงคลมุตฺตมํ เป็นมงคลอย่างสูงสุด

Highest Blessings

- **What are the Highest Blessings in life?**
 - **Not associating with Fools**
 - **Associating with the Wise**
 - **Reverencing those Worthy of Respect**
-

มงคลชีวิต (คาถาที่ ๒)

ปฏิรูปเทสวาโส จ อยู่ในถิ่นมีสิ่งแวดล้อมดี

- ปุพฺเพ จ กตปุญฺญตา ได้ทำความดีให้พร้อมไว้ก่อน

- อตฺตสมฺมาปณฺธิ จ ตั้งตนไว้ชอบ

เอตมฺมงฺคฺลมุตฺตมํ เป็นมงคลอย่างสูงสุด

- **To reside in a suitable locality,**
- **to have done meritorious actions in the past and**
 - **to set oneself in the right course – this is the greatest blessing.**



มงคลชีวิต (คาถาที่ ๓)

พาหุสัจจณฺจ

เล่าเรียนศึกษามาก

สิปปณฺจ

มีศิลปวิทยา

วินโย จ สุกฺกฺโขโต

มีระเบียบวินัยดี

สุภาสิตา จ ยา วาจา

รู้จักใช้วาจาพูดให้เป็นผลดี

เอตมฺมงฺกฺลมฺตฺตมํ

เป็นมงคลอย่างสูงสุด

Highest Blessings

- **Great learning through hearing**
- **Proficiency in some art or handicraft**
 - **Highly trained discipline**
 - **Well-spoken speech**



Asia Pacific

From one addiction to another: Thailand's ethnic minorities quit opium for coffee

Ethnic minorities on Mount Doi Tung in northern Thailand have seen their lives transformed after replacing illicit opium fields with profitable ...

- **addict** **addiction** a drug / television **addict**
 - He is **addicted** to alcohol.
 - Nicotine is a highly **addictive** drug.
 - **ethnic minorities** = a group of people of a particular race or nationality living in a country or area where most people are from a different race or nationality
-

- **ethnology** (n.) the study of the different races of mankind
- **ethnic / ethnological** (adj.) : ethnological research
- **ethnologist** (n.)
- **transform** (v.) to change completely the character or appearance of something in order to improve it
- **illicit** (adj.) illegal or disapproved of by society
- ...replacing illicit opium fields with profitable...

**How flies and maggots are
being bred to eat your food
waste and keep Singapore
clean**



Singapore

Car-Free Sunday on Mar 25 to feature circus performers, safe riding circuit



Thailand's 8th National Conference on Collective Action against Corruption

- Light the way to the corruption-free society
 - **conference** = a formal meeting
 - **collective** = sharing
 - **corruption** = dishonest or illegal behaviour
-

Is Bangkok savvy enough to become a 'smart city'?

Development expert Sarinee Achavanuntakul says capital has a long way to go, writes Anchalee Kongrut

14
👍 Like

🐦 Tweet

24 Mar 2018 at 04:00 👁 272 viewed 💬 0 comments

NEWSPAPER SECTION: **NEWS** | WRITER: ANCHALEE KONGRUT



AS IT IS

Brazil: Water Is an International Problem

March 22, 2018



CNA Insider

EQ 'more crucial' than IQ, as China's parents send kids to golf classes and CEO school

From as young as three, they attend training to develop social skills and leadership qualities. as the programme How To Raise A Super Baby finds out.

- Emotional quotient, or **EQ**, is more important than **IQ** to succeed in life.
- **Many toddlers are being trained** in the finer arts of **good manners, collaboration, leadership** and **how to influence others** – from as young as the age of two.
- Read more at <https://www.channelnewsasia.com/news/cnainsider/eq-iq-china-guangzhou-golf-children-ceo-school-leederedu-10065590>

- “Only golf as a sport requires **impeccable manners** and the mind to strategise, while encouraging **self-discipline** and even the **charisma** to shine in social situations”.
- Read more at <https://www.channelnewsasia.com/news/cnainsider/eq-iq-china-guangzhou-golf-children-ceo-school-leederedu-10065590>

- **impeccable** = perfect, with no problems
 - **manners** = behaviour, polite ways of treating other people: She has **friendly manner**.
 - **self-discipline** = self-control and moderation
 - **charisma** = attraction, charm
 - To be a great leader, a person has to have some **charisma**.
-

Highest Blessings

- **Getting Smarter about Digital Learning**
 - Coaching
 - Development assignments
 - Workshops / training courses / seminars
 - **ASEAN's Leader in Sustainable Energy**
-

Apple launches new iPad to catch Google in classroom

- Apple Inc **unveiled** a new iPad aimed at classroom on Tuesday, along with other education tools, in a **bid to catch up** to Google for students' attention – and win more school districts' dollars.
- Bangkok Post March 29, 2018

Apple launches new iPad to catch Google in classroom

- **unveil** (v.) If you unveil something new, you show it or make it known for the first time.
- **bid** (n. / v.) offers of money
- I made a **bid** of \$100 for that antique vase.
- You can **bid** for it in an online auction.

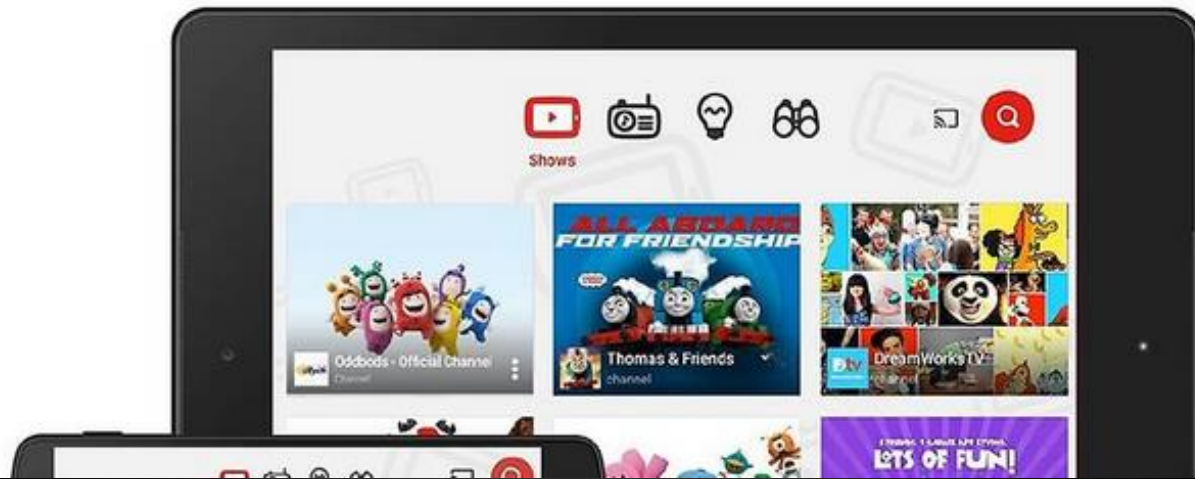
Family, friends bid farewell to Stephen Hawking



Stephen Hawking, the world-renowned physicist, was famously an atheist
AFP/-

Technology

YouTube Kids to launch new features to give parents more control over what kids watch



OPINION

- Apart from **deforestation**, the heavy use of **farm chemicals destroys** the soil, waterways, and farmer's health. **Consumers** also suffer from diseases caused by food laced with farm chemicals and **toxic residues** in the food chain.
- Bangkok Post March 29, 2018

- **deforestation** = the cutting down of trees in a large area, or the destruction of forests by people
- **consumer** = a person who eats, uses, buys things
- **consume** (v.) **consumption** (n.)
- How much electricity do you **consume** per month?
- The **consumption** of coffee has increased.

Apart from **deforestation**, the heavy use of **farm chemicals** destroys the soil, waterways, and farmer's health. **Consumers** also suffer from diseases caused by food laced with farm chemicals and **toxic residues** in the food chain.

- **toxic** = poisonous
- a toxic and carcinogenic chemical
- **residues** = things remaining

OPINION

- In Nan, bottled water from underground water sources contains dangerously high levels of **hazardous** farm chemicals. So do the fish in the **contaminated** Nan River, which **contributes** 40% of the water to the Chao Phraya River, the country's main waterway.
- Bangkok Post March 29, 2018

- **hazardous** = dangerous
 - **contaminated** = dirty
 - **contribute** = causing things to happen
 - Drinking **contributed** to his early death.
 - **contribute** = to give (money, help) along with others
-

- Buffaloes help us in the rice fields and their **manure** is good for the soil. Even when they die, their skins and horns are still useful.
 - But bad people **contribute** nothing to society.
 - **manure** = solid waste from animals
-

**Many approaches may help
children improve self-
regulation**



- REUTERS: Yoga, exercise, education and personal skills training are among the many types of interventions that may help kids improve what's known as **self-regulation**, or **their ability to manage their behavior and emotions**, a study suggests.
- Read more at <https://www.channelnewsasia.com/news/health/many-approaches-may-help-children-improve-self-regulation-10160788>

แนะนำติชมรายการได้ที่

- ผู้ช่วยศาสตราจารย์ภาวิณี อุ่นวัฒนา
- คณะศิลปศาสตร์ มหาวิทยาลัยเทคโนโลยีราชมงคลพระนคร
- เลขที่ ๘๖ ถนนพิษณุโลก แขวงสวนจิตรลดา เขตดุสิต
กรุงเทพฯ ๑๐๓๐๐
- **E-mail: pawinee.o@rmutp.ac.th**





พุทธธรรม

พระเทพเวที
(ประยูร ปยุตโต)



มหาจุฬาลงกรณราชวิทยาลัย

Highest Blessings



Highest Blessings



Highest Blessings



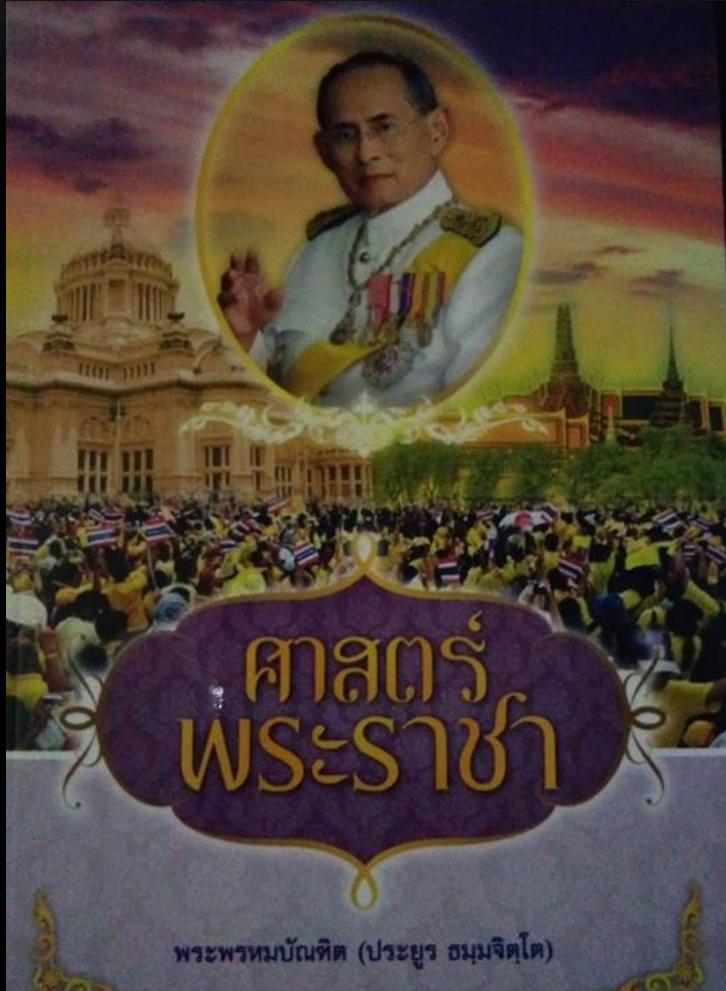
Highest Blessings



Highest Blessings



Highest Blessings



ธรรมเนียมเฉลิมพระเกียรติ ๘๕ พรรษามหาราชา

King Bhumibol

พระมหากษัตริย์ยอดกตัญญู

คัมภีร์ชีวิตที่เป็นสิริมงคล และเป็นมิ่งขวัญประจำบ้านเรือนของเรา

Highest Blessings



Highest Blessings



Highest Blessings



Highest Blessings



Highest Blessings



สมาธิ
เป็นเรื่องของการปฏิบัติ ... ใจ
ทำใจของเราให้มีความสงบ
ทำใจของเราให้เป็น กุศล
ทำใจของเราให้ เบิกบาน
ทำใจของเราให้ เกิดพลัง

... คัดลอกจาก หนังสือธรรมะรุ่งอรุณ ๑ หน้า ๑๕๕ ...
พระธรรมมงคลญาณ (หลวงปู่วิสัยคฺ สิริธโร)