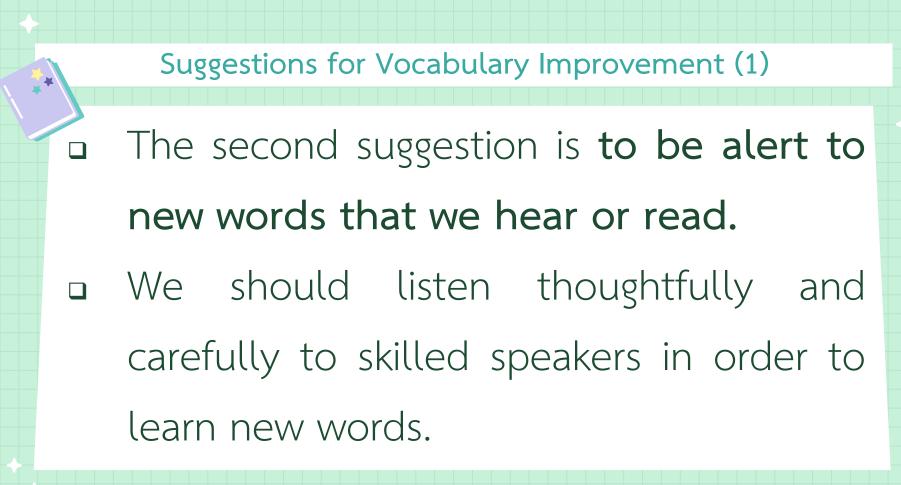
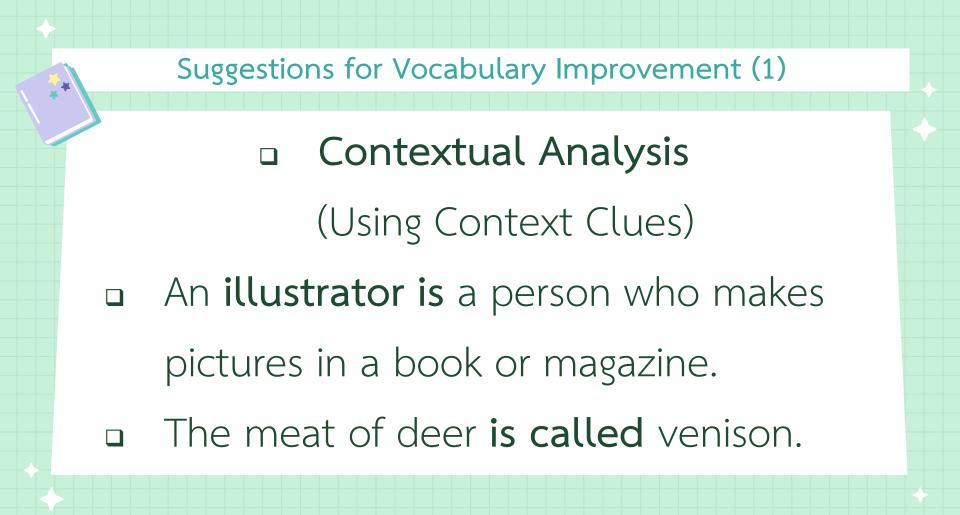


Suggestions for Vocabulary Improvement (1) The best way to increase our vocabulary is to read everything: newspapers, magazines, books, short stories, novels, or textbooks. Read widely



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Suggestions for Vocabulary Improvement (1) In our reading, we are likely to **encounter** unfamiliar words. It is better not to look them up in the dictionary immediately because this will interrupt the flow of our comprehension.

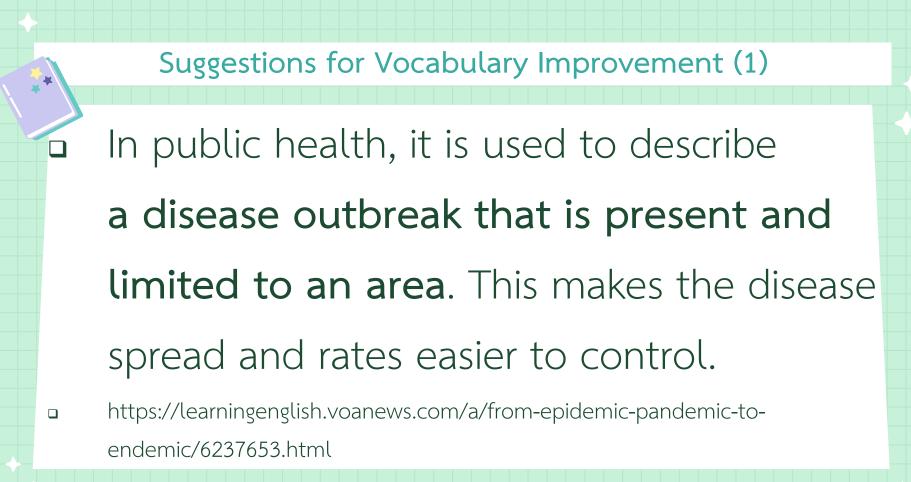


A pandemic means a disease has spread to several countries around the world.

Suggestions for Vocabulary Improvement (1)

 Epidemic is used to mean disease spreads in smaller areas. The word endemic came from
the Greek word endemos, meaning
"in the population."

Suggestions for Vocabulary Improvement (1)

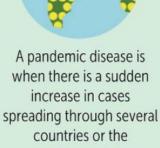


WHAT'S THE DIFFERENCE BETWEEN AN ENDEMIC, EPIDEMIC AND PANDEMIC DISEASE?



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An endemic disease is constantly present in a certain population or region, with relatively low spread An epidemic disease is when there is a sudden increase in cases spreading through a large population



whole world



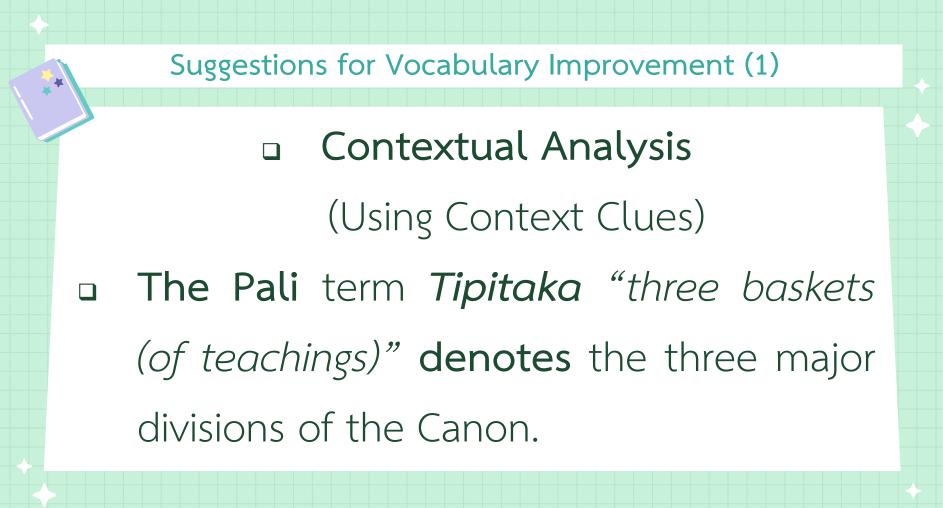
Source: Wellcome

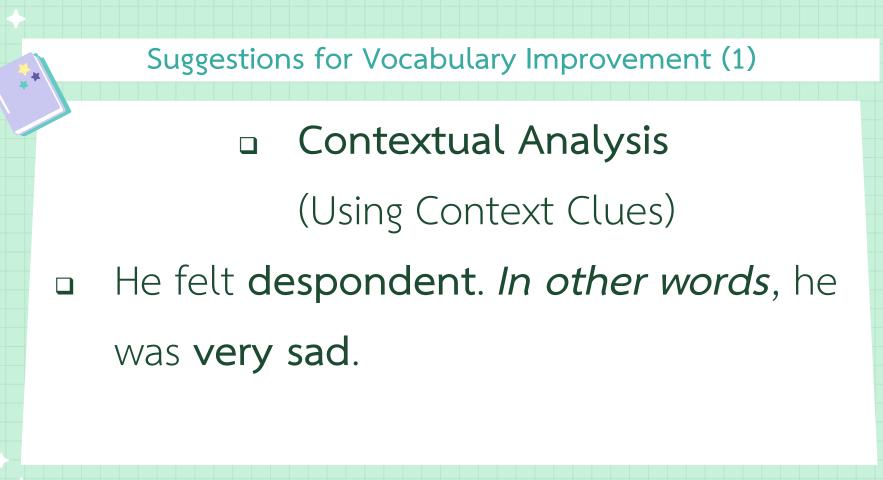
BANGKOK POST GRAPHICS

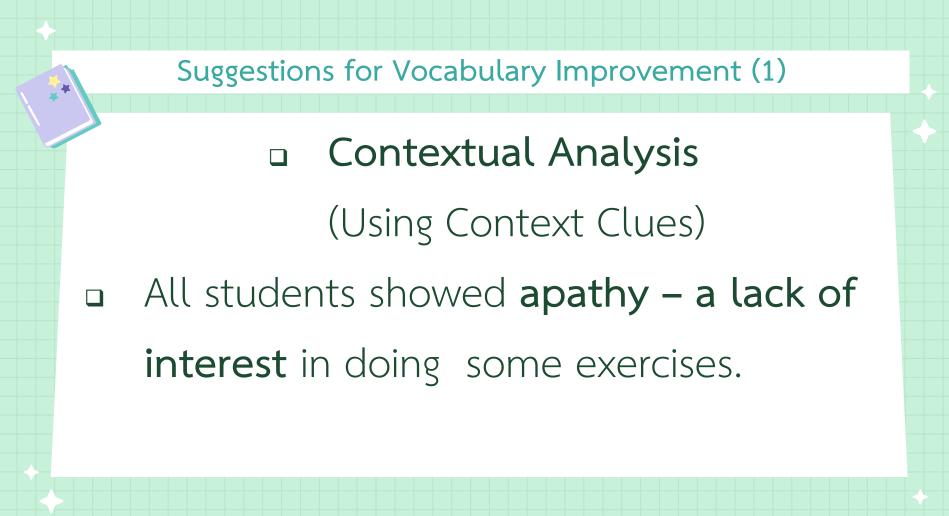
After plaguing Thailand for two years with physical and economic ailments, the Covid-19 **pandemic** is expected to be **downgraded** to an **endemic** from July 1,

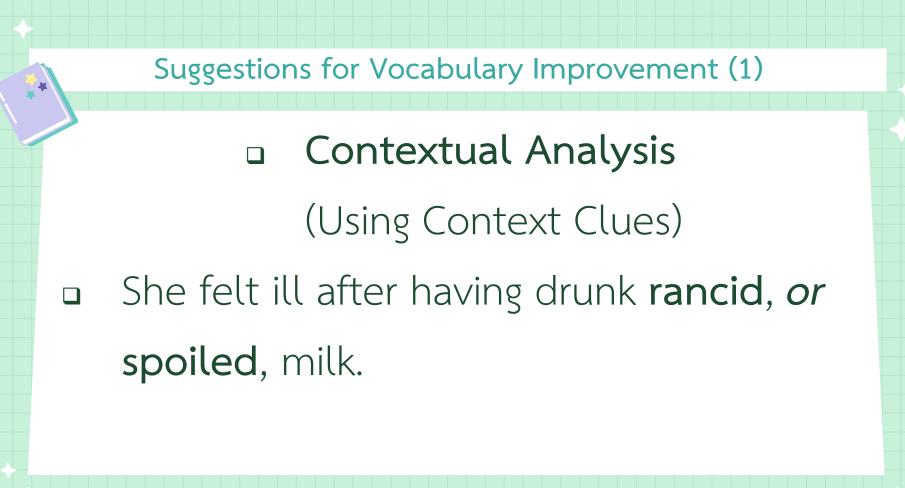
Suggestions for Vocabulary Improvement (1) marking a significant step towards full economic recovery. https://www.bangkokpost.com/business/2282371/race-to-end-restrictions

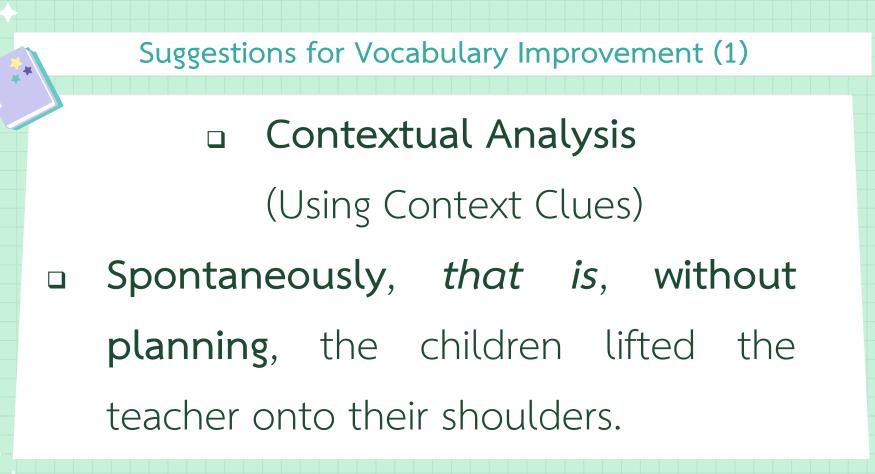
Suggestions for Vocabulary Improvement (1) Contextual Analysis **The Pali Canon refers to** the set of scriptures in which the Buddha's teachings, the Dhamma "Doctrine" and Vinaya "Discipline", are enshrined.











National Economic and Social Development Council (NESDC)

BUSINESS

NESDC warns rapidly ageing society likely to hit economy

PUBLISHED : 21 MAR 2022 AT 05:16

NEWSPAPER SECTION: E WRITER: CHATRUDEE T

Suggestions for Vocabulary Improvement (1) The **increase** in **elderly** among the Thai population and **declining** birth rate are expected to hinder the country's future economic expansion,

according to a new study by the government's planning unit.

 https://www.bangkokpost.com/business/2282375/nesdc-warns-rapidlyageing-society-likely-to-hit-economy

Suggestions for Vocabulary Improvement (1) Thailand has been classified as an "ageing" society since 2005, meaning 10% of the population is 60 or older. The NESDC expects Thailand to become an "aged" society next year,

with people 60 or older set to account for 20% of the population.

https://www.bangkokpost.com/business/2282375/nesdc-warnsrapidly-ageing-society-likely-to-hit-economy

Reflexology

Introducing Reflexology for Healing

Take a step towards well-being! Mar 6, 2022

🄰 f 🦻

Tags: Health, Wellness, Spirituality





Reflexology is an ancient practice passed down over thousands of years. Our ancestors recognized that **applying** pressure to specific points in the feet as well as the ears and hands provides

Suggestions for Vocabulary Improvement (1)



Suggestions for Vocabulary Improvement (1) During his travels across Asia, Marco Polo was introduced to **reflexology**, and as points out, he is believed to have brought the technique to Europe.

 https://www.goodnet.org/articles/introducing-reflexology-forhealing

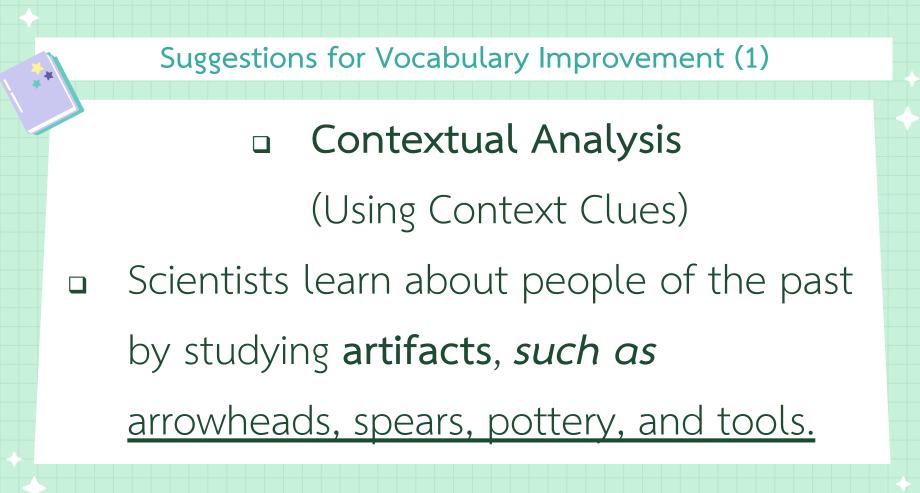
Suggestions for Vocabulary Improvement (1) Therapists in every language continued to promote reflexology. Today, you can find reflexology massages in spas across the world. You can even apply the techniques at home with a little practice!

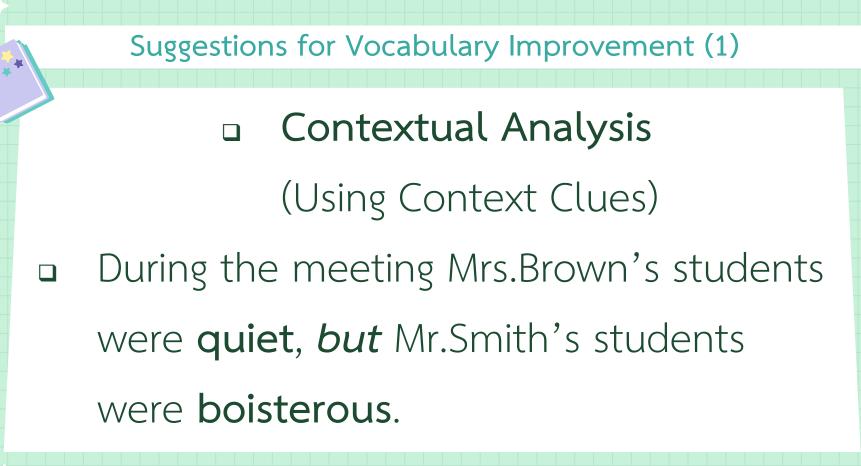
https://www.goodnet.org/articles/introducing-reflexology-for-healing

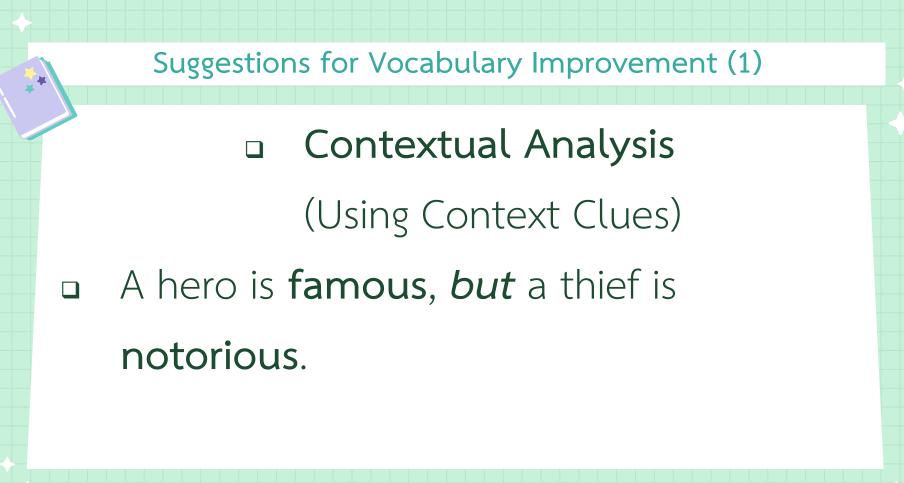
Reflexologists rely on charts of the foot to map the reflex points that correspond to organs and systems in the body. https://www.goodnet.org/articles/introducing-reflexology-for-

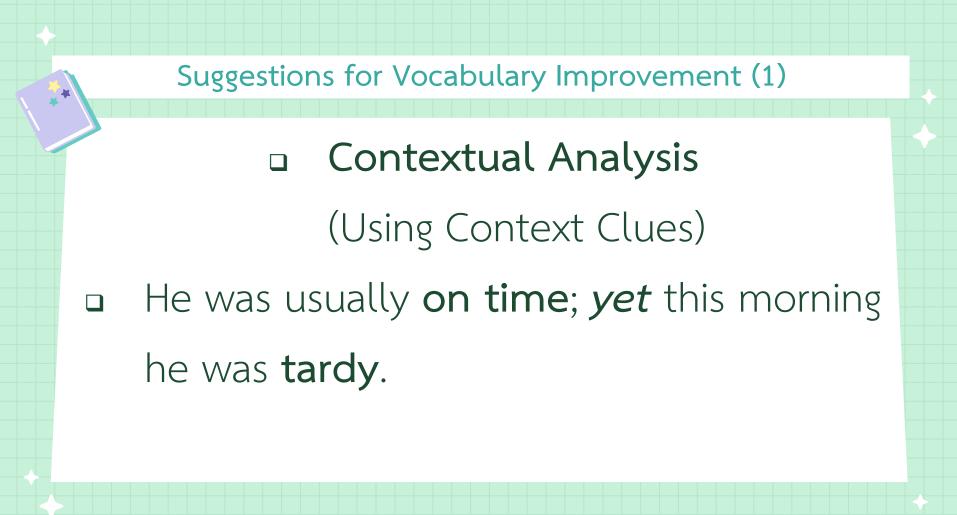
Suggestions for Vocabulary Improvement (1)

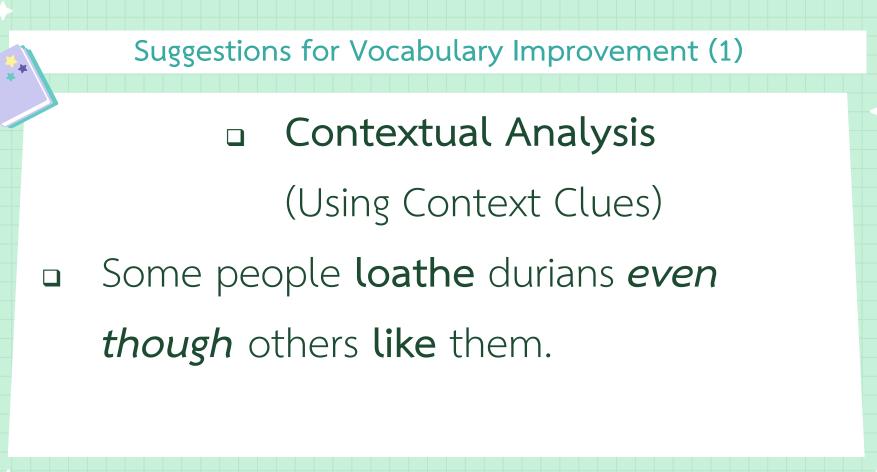
healing

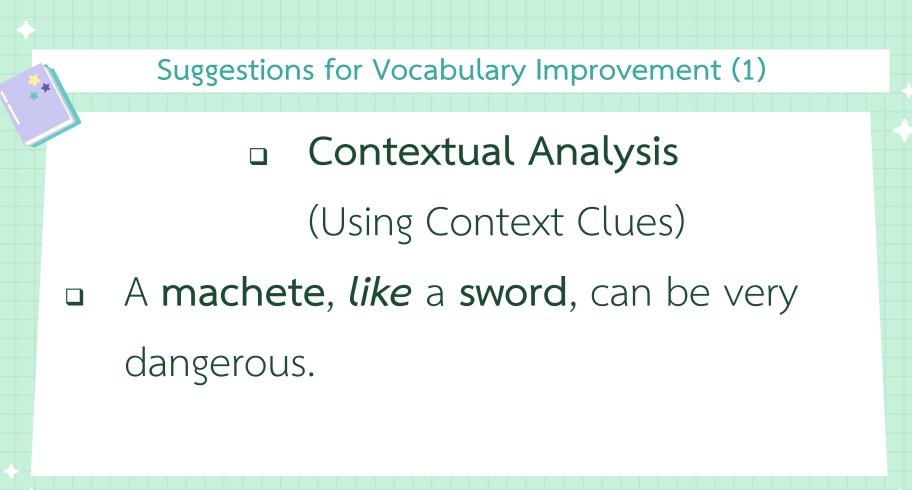


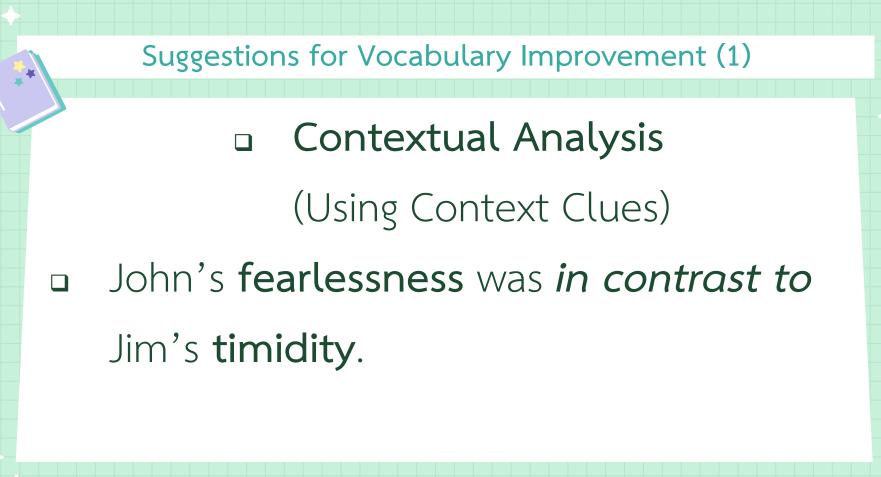










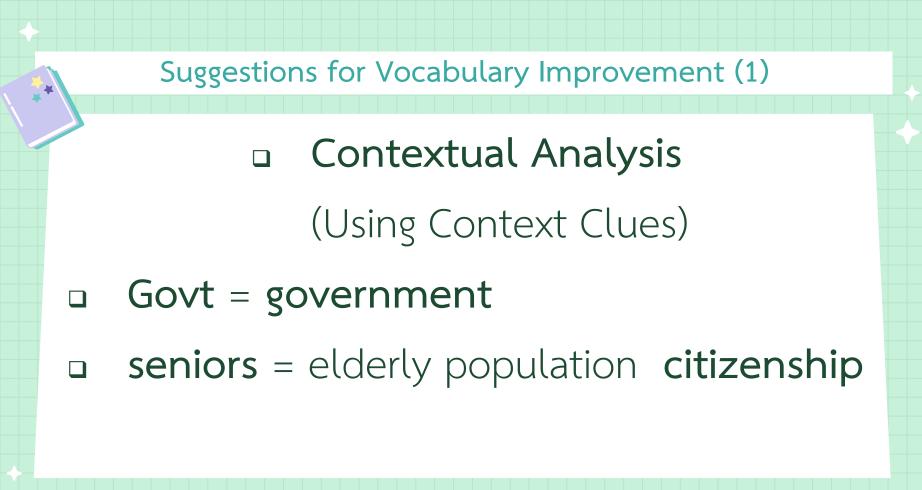


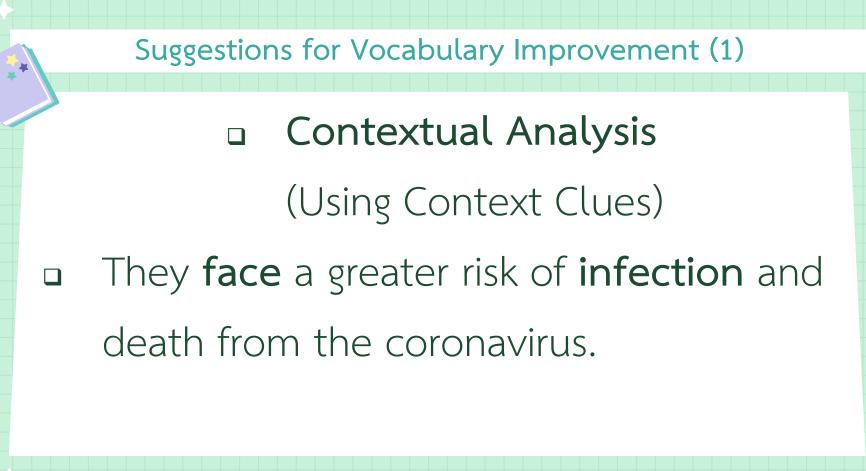
THAILAND > GENERAL

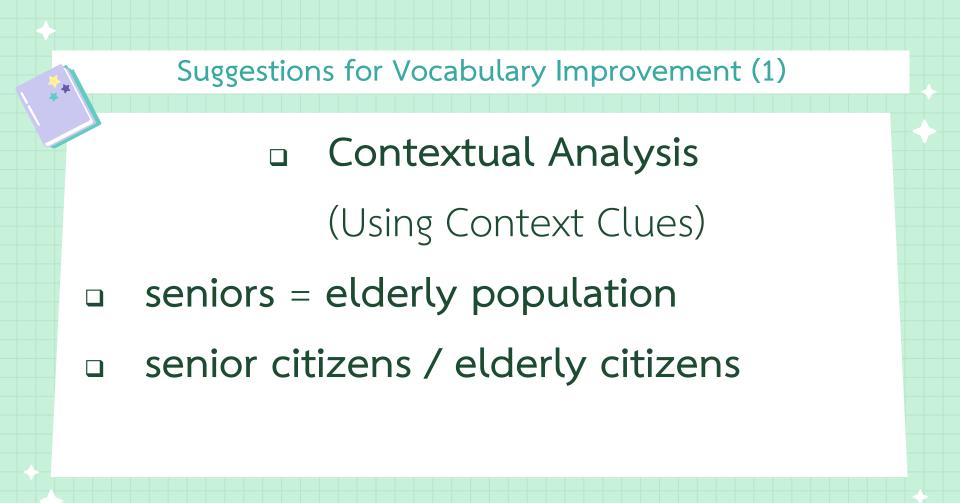
Songkran boost for seniors

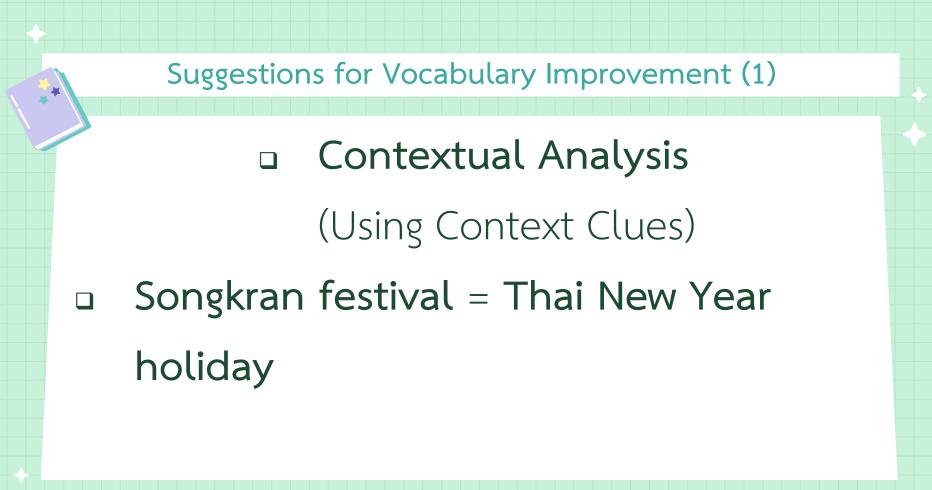
Govt sets 70% target for third Covid shot

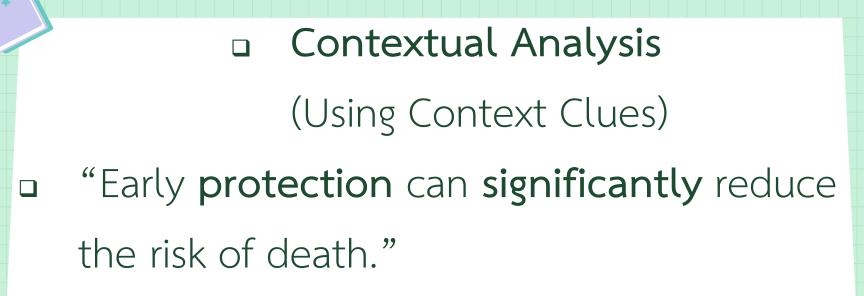
PUBLISHED : 22 MAR 2022 AT 04:00











 https://www.bangkokpost.com/thailand/general/2282778/songkranboost-for-seniors

"An ounce of prevention is worth a pound of cure."

It is better to take severe precautions than

to suffer severe consequences later.







แนะนำติชมรายการได้ที่

มหาวิทยาลัยเทคโนโลยีราชมงคลพระนคร คณะศิลปศาสตร์ เลขที่ 86 ถนนพิษณุโลก แขวงสวนจิตรลดา เขตดุสิต กรุงเทพฯ 10300 ผู้ช่วยศาสตราจารย์ภาวิณี อุ่นวัฒนา

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