

- read hear speak write
- part of speech, meaning, pronunciation,
- collocation, spelling, example sentence



- □ address (n., ∨.)
- What's your email address?
- We'll address that question at the next meeting.



- □ sentence (∨.)
- Chinese national sentenced to US
 prison after pleading guilty to stealing trade secrets.



- She collects stamps.
- It took a long time to collect data.
- The data collection process took a long time.

- ability (n.) the physical or mental power or skill needed to do something
- Her teammates respect her abilities.



She has children in her class of very mixed abilities (= different levels of skill or intelligence).

- Synonyms for ability: capability capacity
- competence intelligence qualification
- skill strength talent
- She has a great capacity for hard work.



- Synonyms for ability: competence
- Singers can prove their competence
 by performing well in the concert.
- competency-based approach



- Gardner's Theory of Multiple Intelligences
- Harvard psychologist Howard Gardner
- Visual-Spatial Intelligence
- Linguistic-Verbal Intelligence

- Gardner's Theory of Multiple Intelligences
- Harvard psychologist Howard Gardner
- Logical-Mathematical Intelligence
- Bodily-Kinesthetic Intelligence

- Gardner's Theory of Multiple Intelligences
- Harvard psychologist Howard Gardner
- Musical Intelligence: They are good at thinking in patterns, rhythms, and sounds.

- Synonyms for ability: qualification
- Salary will depend on qualifications and experience.
- He has all the right qualifications for this difficult assignment.

- Synonyms for ability: qualification
- What are the minimum qualifications for each job?
- Responsibility and reliability are necessary qualifications.

- qualification (n.) qualify (v.) disqualify (v.)
- Two athletes have been disqualified from the championship after positive drug tests.
- Roger faces a four-year disqualification from athletics.



WELLNESS

What's best for boosting your immune system? Sleep, superfoods, exercise or supplements?





 The immune system is a network of biological processes that protects an organism from diseases.



The immune system is a complex network of cells and proteins that defends the body against infection.

- We can create a better world by hosting workshops with youth to help them reach their fullest potential. (ability)
- Think good, Speak good and Do good









The 'green' row over the UK's largest renewable power plant

By Christine Ro

Business of Technology reporter

3 days ago



COP26



- renewable energy: wind and solar
- energy efficient, cost-effective and more carbon neutral

- green energy source
- environment (n.) environmental (adj.)
- Environmentalists are working to reduce greenhouse gas emissions.

- environment-friendly (adj.)
- environmentally-friendly (adj.)
- environmentally-friendly

products/technologies



TECH

Eco-friendly habits in Thailand a boon for Chinese automaker

Home » Tech » Eco-Friendly Habits In Thailand A Boon For Chinese Automaker



Thais are showing more interest in electric vehicles (EV) in line with growing global attention towards the environment,



as Chinese **automaker** Great Wall Motor (GWM) learned in a recent workshop.

https://www.nationthailand.com/tech/40011098



https://www.bbc.com/news/world-asia-india-59808770

Air pollution: Delhi's smog problem is rooted in India's water crisis



- Environmentalists say a critical factor
 in the city's pollution is its population.
- critical (adj.) important, serious and dangerous

- Every winter, Indian capital Delhi's toxic air is fuelled by farmers burning crop stubble.
- Synonyms: deadly, harmful, poisonous
- https://www.bbc.com/news/world-asia-india-59808770



Shell says electricity to meet 60% of China's energy use by 2060



17 Jan 2022 08:24PM (Updated: 17 Jan 2022 09:07PM)















SINGAPORE: China may triple electricity generation to supply 60 per cent of the country's total energy under Beijing's carbon-neutral goal by 2060, up from the current 23 per cent,



Royal Dutch Shell said on Monday (Jan 17).

 https://www.channelnewsasia.com/business/shell-sayselectricity-meet-60-chinas-energy-use-2060-2441026

The Four Brahmaviharas – metta, karuna, mudita, upekkha- are called the Divine Abodes. They are pure states of mind.

The mind is pure when we **free** ourselves **from selfish interest** – greed, hatred and delusion.

The mind is pure when we free
 ourselves from selfish interest – greed,
 hatred and delusion.

The Four Brahmaviharas – metta, karuna,mudita, upekkha- are called the Divine Abodes.

Metta is a general attitude to living creatures – a sense of patience, loving-kindness and the absence of fault-finding.

The Four Brahmaviharas – metta, karuna,mudita, upekkha- are called the Divine Abodes.

Karuna is more like compassion and pity; it's about feeling of others, recognizing what suffering is like.

The Four Brahmaviharas – metta, karuna,mudita, upekkha- are called the Divine Abodes.

Mudita is translated as sympathetic joy; the joy we find in the happiness of others. The joy we find in the beauty of the goodness of others. It is an antidote to jealousy.

The Four Brahmaviharas – metta, karuna, mudita, upekkha- are called the Divine Abodes.

- Upekkha is the serenity of the mind –
 the serenity and emotional balance of the mind.
- Venerable Ajahn Sumedho: "Gratitude to Parents"

แนะนำติชมรายการได้ที่

มหาวิทยาลัยเทคโนโลยีราชมงคลพระนคร คณะศิลปศาสตร์

เลขที่ 86 ถนนพิษณุโลก แขวงสวนจิตรลดา

เขตดุสิต กรุงเทพฯ 10300

ผู้ช่วยศาสตราจารย์ภาวิณี อุ่นวัฒนา

E-mail: pawinee.o@rmutp.ac.th

